



## 2010 AmeriKiDS NATIONAL GYMNASTICS CHAMPIONSHIP

June 5 – 6, 2010 – Qwest Center – Omaha, Nebraska

[www.amerikidsgymnastics.com](http://www.amerikidsgymnastics.com)

- DATES:** June 5 - 6, 2010
- LOCATION:** Qwest Center – 455 N. 10<sup>th</sup> St. - Omaha, Nebraska - 68102
- WHO IS INVITED:** Gymnasts of all ages. We will use the routines and rules of AmeriKiDS Gymnastics Association posted on the website. This is an **Open National Championship** and all gymnasts are invited to participate in the fun!
- MEMBERSHIP:** AmeriKiDS Competitive membership is \$10. Membership forms are posted on website.
- AGE DIVISIONS:** Age divisions will be determined after receipt of entries. We will use the gymnast's age on their day of competition.
- COMPETITION DIVISIONS:** **Division 1** (more than 9 Hrs/wk gym time) **Division 2** (6 Hrs/wk to 9 Hrs/wk gym time) **Division 3** (less than 6 Hrs/wk gym time) Awards in all divisions. Coaches have the option of entering gymnasts working less hours in upper Divisions. Divisions are available in all levels. Divisions may be combined for competition.
- AWARDS:** Super national medals for all athletes based on 50% +1 in individual events and trophies for 100% in the all-around. Special "high point" awards for each session. Team banners and more.
- MEET SCHEDULE:** Final schedule will be determined after receipt of entries. It will be posted online and mailed to each club.
- ENTRY FEE:** \$75 per Gymnast + \$10 for AmeriKiDS Membership if not already registered.
- ENTRY DEADLINE:** **Entries must be received by Saturday - May 1, 2010**  
If your club entry is faxed or emailed, the entry will not be complete until payment is received. Please follow up an email or fax with a phone call to make sure your entry has been received. Entry Email Address: [stannerjm@aol.com](mailto:stannerjm@aol.com) Sharon Cell 402.212.7313
- Mail Address: Mike Stanner – AmeriKiDS Gymnastics Chairman  
11222 Kentucky Road – Papillion, NE 68133
- HOUSING** This year's hotel information is posted on the web. Please check our website for further information.
- QUESTIONS???:** Mike Stanner – 402/212-5615 or [jmikestanner@aol.com](mailto:jmikestanner@aol.com)